



SPRING 2018 NEWSLETTER

Integrative Healing Veterinary Clinic & Mobile Services (I.H.V.C.M.S.)

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Integrative Veterinary Medicine: The Path Towards Healthier Animals

Integrative veterinary medicine is a comprehensive medical approach to pet and equine health care that combines the best of conventional medicine and complementary therapies. It offers the patient a wider scope of different healing modalities and techniques that are the most beneficial for each individual case. This kind of medicine uses gentle, minimally invasive techniques and focuses on the animal's whole well-being. Modalities such as Chiropractic, Acupuncture, Laser Therapy, Tui-Na (Chinese Massage), Chinese Herbal Therapy, Food Therapy, Reiki, and Homeopathy are integrated to help your pet or horse regain its whole health. This integrative approach to veterinary medicine is designed to minimize adverse effects, maximize successful treatment outcomes, and improve the quality of life of the patient. 🌿



2017 was a busy year of growing for I.H.V.C.M.S.! New integrative services were added, including Laser Therapy & Tui-Na, as well as moving to a

larger office location easily accessible on Highway 17 and the addition of an office assistant, allowing us to better serve our clients' needs. We have also extended our mobile coverage areas for both Equine & Small Animal patients. Our website is continuously updated with new information and all patient forms are online for your convenience, including a "Veterinarian Referral Form." We thank YOU, our valued clients, for your continued support and patronage. We look forward to exciting things to come in 2018!

Laser Therapy--Accelerated Healing & Recovery

Laser therapy is a completely pain-free, non-invasive technique that uses various wavelengths of light to stimulate healing of the body. Laser therapy has been used to treat acute/chronic pain, maintain wellness, and improve health and athletic performance. The lasers used therapeutically are known as "cold" or "low level" lasers as they do not heat the tissue or damage it; they are therefore very different from lasers used surgically. Laser energy increases the speed of tissue repair by increasing local microcirculation as well as stimulating the immune system and reducing inflammation. Laser therapy also enhances collagen and muscle tissue development, which in turn enhances healing. Animals generally become

relaxed during their treatments, which last 5-15 minutes, depending on the area involved and condition being treated. Laser therapy can also be used



to stimulate acupuncture points. This is a great option for animals that don't like needles and/or for sensitive points that are not well-tolerated for needling. Laser stimulation of these points is quick and does not cause discomfort, enabling

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Laser Therapy...Continued

animals to receive a more complete treatment than would be possible with needles alone. Depending on the condition being treated, laser therapy is performed 1–3 times a week for 2–8 weeks. Laser Therapy can be used in treating:

- Arthritis & Degenerative Joint Disease
- IVDD, Back & Neck Pain
- Muscle, Tendon & Ligament Injuries
- Ear & Skin Infections
- Laminitis & Navicular Disease
- Wound Healing
- Oral Lesions & Stomatitis
- Post-surgical Trauma & Incisions

Veterinary Chiropractic Care



A lot of the unwanted behaviors that we see from horses are the direct result of pain. A horse that is reluctant to collect, tilts its head, is unwilling to bend in one direction, doesn't pick up the correct lead, and refuses jumps or bucks are all common

examples of a horse that could use a chiropractic evaluation with appropriate adjustments. Chiropractic care focuses on the health of the vertebral column and its relation to the muscle and nervous system. Chiropractic adjustments can increase motion and flexibility of the horse. An examination of the horse will detect if there are any mal-alignments that could be causing issues when the horse is at work. Additionally, chiropractic care can help prevent future lameness issues. Chiropractic is designed to stimulate a natural healing response and return the body to homeostasis as quickly as possible without harmful side effects. In many cases, a combination of chiropractic, acupuncture, and laser therapy may be the most efficient treatment method with the fastest results in both Equine and Small Animal patients.



Tui-Na (Chinese Medical Massage)

Tui-na, a form of Chinese medical massage that developed over 2,000 years ago, uses the same theory of energetic “channels” or “meridians” as acupuncture. Tui-na involves the stimulation of acupuncture points and channels together with stretching and manipulation of the limbs. By restoring balance, Tui-na supports the body's natural functions to combat excess or deficient conditions as needed. It helps keep *Qi* and blood moving freely, strengthens tendons, ligaments and muscles, promotes normal function, and eliminates fatigue. Tui-na treatment is incorporated in all chiropractic and acupuncture treatments to help enhance and support the overall healing response. Clients may also be given Tui-na "homework" to help stimulate acupuncture points at home.

tPEMF Therapy – The Assisi Loop

The Assisi Loop is an FDA cleared, evidence based therapy for non-invasive, non-pharmacological treatment of pain and swelling. Targeted (tPEMF) has proven effective on pain for decades. Pulsed electromagnetic fields are highly effective in a diverse range of therapeutic applications with no side-effects or adverse reactions. The Assisi Loop is an integral part of a complete healing program and can be used adjunctively with chiropractic, acupuncture, laser therapy, and pain medication. It provides a portable, easy-to-use device for owners to bring the healing home or to the barn. Conditions that can benefit from the Assisi Loop include:

- Osteoarthritis/DJD
- Tendonitis
- Soft Tissue Trauma
- Wound Healing
- IVDD, Back & Neck Pain
- Laminitis
- Navicular Disease

